
What services do we provide?

The Respite Services Coordinator, upon the completion of a home visit, assists families to locate an Independent Respite Contractor to provide respite services to their family.

Independent Respite Contractors are individuals that have completed a screening process and have indicated interest in one or more of the following programs:

Autism Registry

All Independent Respite Contractors registered, with the Autism Registry, have experience and are interested in working with children diagnosed with Autism Spectrum Disorder (ASD). These Independent Respite Contractors are forwarded information re: ASD and training/educational opportunities.

Respite Families

Respite Families are families who have indicated that they are interested in having children stay in their homes on an hourly and overnight basis.

Volunteer Program

When available, families may recruit a Volunteer Respite Worker to work with their child.

Respite House

Families needing to have their child go to another location for respite services, can access our respite house for overnights and hourly stays.

Independent Respite Contractors

Contractors on this registry have indicated interest in providing services within the home of the child and outings in the community.

Why use respite?

The family benefits by:

- relieving stress
- reducing social isolation
- enhancing family functioning and coping skills
- reducing requests for residential placements
- improving attitudes towards the child
- allowing more time for other members of the family

The child benefits by:

- learning social skills
- maintaining and enhancing their quality of life
- developing life skills
- participating in recreational activities

Who is YACRO?

Established in 1991,

Yarmouth Association for Community Residential Options,

a not-for-profit Agency, provides residential support for children and adults challenged with disabilities.

The Agency exists to enhance each person's potential to live, work and socialize within the community in the least restrictive, most inclusive manner.

Who can use these services?

Families caring for children/youth (birth to 18 years of age) who require extraordinary amounts of care and supervision due to a mental/physical disability or illness qualify to receive services.

The family must be a resident of one of the following counties:

Annapolis, Digby, Hants, Kings, Lunenburg, Queens, Shelburne, and Yarmouth.

**For more information
please contact:**

Tonya Comeau
Respite Services Coordinator

Western Region Respite
Program

c/o

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Asking for help is
a sign of strength.



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